

	Präparat	Bought	Expires	Note
A - SKIN - DISINFECTIONS - BURNS				
1 - DERMAL BETADINE (povidone iodine) ou HIBISCRUB (chlorhexidine) 1 125 ml bottle or 10 single dose sachets	Betadine Dermique	2012	01.01.17	
2 - Physiological salt solution to clean the wounds 20 single doses	Prontosan 6x40ml	2014	01.12.15	ONLY 18/20
3 - Antibiotic cream such as FLUCIDINE (fusidic acid) 1 tube	???	2014	01.01.15	Prescription only!
4 - Anti-fungus cream such as PEVARYL 1% (econazole) 1 tube		2012	01.07.14	
5 - Antiseptic cream such as FLAMMAZINE (silver sulfadiazine) 1 tube	Bepanthen Antiseptische Wundcreme	2014	01.04.16	
6 - Total protection sun cream 1 tube			01.01.17	
7 - Ointment to prevent and heal skin irritations such as ALOPLASTINE (talc, zinc oxyde, glycerol) 1 90g tube		2012	01.06.16	
8 - Rehydrating and protective ointment such as BIAFINE (trolamine) 1 186g tube	Pigmentan After Sun Lotion	2014	???	
9 - Tulgras compresses 1 box		MISSING		
10 - Hydroalcoholic solution for an hygienic preparation for the hands 1 small bottle	Sterillium Viruguard, Desinfektinosmittel	2012	01.09.14	
11 - Optional: : subcutaneously injectable anaesthetic		OPTIONAL		
12 - Optional: Bariederm for protection and prevention.		OPTIONAL		
B - PLASTERS - COMPRESSES - LITTLE SURGERY - IMMOBILIZATION				
13 - Skin stapler such as PRECISE with staple remover (i.e, two elements) or 1 set of 5 staplers suture kit (3threads and needles, 3 lancet blades, 1 needle holder in case and 1 stapler remover of curved needle, forceps) if the skipper knows how to use it or 1 entire suture kit	tohamed Skin Stapler	2012	01.09.16	
14 - Self adherent elastic bandage such as COHEBAN 3M (10 cm x 3,5 m) 2 rolls	Coban hautfarben 10cmx3,5m			In der Apotheke kaufen
15 - Crepe bandage 10 cm x 4 m 2 bandages		2012	OK	
16 - Non woven dressing that can be cut such as URGODERM 2 rolls	Leukosilk & Heftpflaster TR90	2012	OK	
17 - Sterile compresses 10/10 or 20/20 15 bags of 2	Hartmann ES Kompressen	2012	01.12.16	
18 - Self-adhesive elastic tape such as ELASTOPLAST 2 rolls 6 and 3 cm wide	Adheban	2012	01.07.14	
19 - Hemostatic cushion 1		2012	22.06.16	
20 - Sterile sticking 4 sides. Several sizes including 10 cm x 8 cm 1 pack of assorted sizes (at least 20)	Sparaplaie	2012	01.06.16	
21 - Healing, hydrocolloid dressings such as URGOMED (5 cm x 7 cm) or DUODERM (10 cm x 10 cm), or fatty dressings	Jelonet	2012	01.10.16	
22 - Adhesive hypoallergenic wound closure strips such as STERI-STRIP 3M, 3 mm x 75 mm 5 bags of 3	3M Steri-Strip	2012	01.07.16	
23 - Splinter forceps 1		2012	OK	
24 - Scissors 1		2012	OK	
25 - Safety pins 3		2012	OK	
26 - Optional: rigid ankle splint, triangular scarf, 1 cervical collar		OPTIONAL		
C - FEVER - ANTI-INFLAMMATORY - PAINS				
27 - Strong anti-pain such as TOPALGIC 50 mg (tramadol) 30 tablets	Tramadol ABZ 50mg, N2, 30 Tablettem	2014	01.05.18	Rezeptpflichtig
28 - Powerful anti-pain such as CODOLIPRANE (paracetamol + codeine) 32 tablets or IXPRIM (paracetamol + tramadol) or 40 tablets (if ixprim)	Codoliprane Adulte	MISSING		In Frankreich kaufen
29 - Anti-inflammatory tablets such as IBUPROPHENE, 200 mg 30 comprimžs	Ibuprofen ABZ	2014	01.05.18	
30 - Paracetamol, 1g tablets 3 boxes of 8	Paracetamol ABZ	2014	01.07.14	
31 - Myorelaxant such as COLTRAMYL (thiocolchocoside) 12 capsules	n/a	2014	n/a	Prescription only! Not allowed in Germany!
32 - Optional: cold pack or cold spray, per os morphine such as SKENAN		MISSING		
D - DIGESTIVE - DIARRHOEA - VOMITING				
33 - Stomach anacid such as aluminium/magnesium hydroxyde (MAALOX) 20 tablets or bags	Maalox 25 MVAL	2014	01.08.15	
34 - Anti-diarrheal such as TIORFAN (racecadotril or IMODIUM (loperamide) 20 capsules		2012	01.08.16	
35 - Antiseasickness such as SCOPODERM (scopolamine) or other according to personal habits 1 box of 5 patches	Scopoderm	2014	01.05.15	Prescription only!
36 - Anti nausea and vomiting such as MOTILYO (domperidone) 15 tablets	Domperidon Hexal 10mg - N1 - 20 Tabletten	2014	01.03.16	Prescription only!
37 - Antispasmodic such as SPASFON - LYOC (phloroglucinol) 10 tablets	Spasfon - Lyoc	2012	01.02.15	
38 - Antiulcerous such as MOPRAL (omeprazole), full dosis (20 mg) 14 capsules	Omeprazol ratiopharm sk20mg	2014	01.06.15	
39 - Laxative such as FORLAX 10g (macrogol 4000) 10 bags	Macrogol 4000 forlax 10g	2012	01.11.14	
E - INFECTIONS - ANTIBIOTICS				
40 - Such as penicillin : AUGMENTIN (amoxicillin and clavulanic acid), 1 g, Or, in case of allergy to penicillin : macoli	Augmentan, verschiedene Hersteller	2014	01.04.15	Prescription only!
41 - OFLOXET 200mg (ofloxacin), to use carefully because it is photosensitizing 10 tablets	Ofloxacin STADA 200mg, 10er Packung	2014	01.06.18	Prescription only!
F - ALLERGY				
42 - such as CELESTENE 2 mg (betamethasone) 20 tablets	Celestamine 0,5mg MSD Sharp & Dohme GmbH	2014	01.06.14	Prescription only!
43 - such as VIRLIX (cetirizine) 30 tablets	Cetirizin Hexal 10mg Filmtabletten (50 Tabletten) N2	2012	01.09.14	

G - EYES - EARS

44 - Simple eye lotion such as DACRYOSERUM (boric acid) 15 single dose sachets	SYSTANE UD Benetzungstropfen für Augen	MISSING	In Apotheke kaufen
45 - Antibiotic ointment or antibiotic eye lotion such as TOBREX (tobramycine) 1 tube ou 1 bottle	Tobrex Augensalbe	2014	01.06.17 Prescription only!
46 - ear lotion such as POLYDEXA (neomycine, polymyxin B, dexamethasone) 1 bottle	Polydexa?	2014	01.03.15 Prescription only!

H - MISCELLANEOUS

47 - First aid manual 1	Medizin auf See		OK
48 - Small mirror 1 (double handed races), 2 (single handed races)		2 x MISSING	
49 - Thermometer (not rectal) 1		2012	OK
50 - Non sterile examination gloves 10		2012	OK
51 - NATISPRAY (trinitine) 0,15 mg/dose for skippers of more than 35 1 spray bottle			Not necessary
52 - Survival blanket 1		2012	OK
53 - Personal tratment		???	
54 - Optional: dental kit such as DENTANURSE 1		2014	01.01.17